



[The unexpected rewards of studying abroad.

ESSAY TOPICS

○ **One typed Autobiography**

Write a brief autobiographical sketch. Be sure to include what is unique about you and something about the nature of your previous academic, work, and/or international experience. This essay should be at least one page in length, double-spaced. Please write your name and the program you are applying for on the top of each page. The essays will be reviewed by your enrolling institution's international study advisor and by AHA program staff.

○ **One typed Transitional Experience Essay**

Tell us about a specific transitional experience in your life. What difficulties did you encounter before or after the transition and how did you deal with these difficulties? What were the positive aspects of this transition? This essay should be at least one page in length, double-spaced. Please write your name and the program you are applying for on the top of each page. The essays will be reviewed by your enrolling institution's international study advisor and by AHA program staff.

Special Instructions for SEGOVIA, SPAIN and VALDIVIA, CHILE

- Either the Autobiography or Transitional Experience must be written in Spanish.